

# Camp Blue Bay Summer Camp Family Handbook

*Owned and operated by Girl Scouts of Nassau County*



Dear Camp Families,

We look forward to having your camper participate in the fun-filled, life-changing adventure of summer camp at Camp Blue Bay. Our beloved Camp Blue Bay has been bringing once-in-a-lifetime opportunities to campers since 1947. We proudly carry on the 100+ year Girl Scout tradition of camping as a foundational part of the Girl Scout experience. In a fast-paced world shaped by social media, academic pressures, and constant change, the value of camp has never been greater. Camp offers a meaningful escape—a place filled with crickets chirping, sunshine, and the scent of cedar trees. It's a space where campers can unplug, take healthy risks, and grow within a supportive, nurturing community. In this handbook you will find answers to many of your questions, including a packing list, mail information, and health care procedures.

Happy Camping,

Camp Blue Bay Summer Camp Team

Camp Blue Bay is American Camp Association Accredited and operates under a Children's Camp Permit issued by the Suffolk County Department of Health. Health Department inspection records are on file at the Suffolk County Department of Health, 360 Yaphank Ave., Suite 2A, Yaphank, NY 11980



## CONTACT US:

[cbbsummerdirector@gsnc.org](mailto:cbbsummerdirector@gsnc.org)

### Summer Camp Office:

631-324-4435

### Summer Camp

### Emergency Number:

516-512-1845

Follow us on Facebook

([FaceBook.com/campbluebay](https://www.facebook.com/campbluebay))

and Instagram (@campbluebay)

for updates on activities at camp. Please note we DO NOT post any photos of campers while they are at camp.

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Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

**Camp Blue Bay** is a welcoming, safe space. At Blue Bay, we continue to focus on creating a community for all campers to thrive. Which is why we ask everyone to do their best to think, speak, and act in ways that ensure everyone at Camp Blue Bay feels like they belong and can meaningfully participate in all aspects of Girl Scouting, regardless of ability, age, culture, education, ethnicity, gender, race, religion, sexual orientation, and socioeconomic status.



### **CAMP OPEN HOUSE**

Enjoy a drive with your family to East Hampton and visit our beautiful Camp Blue Bay. Learn more about our facility and summer camp programs. Our Camp Director and volunteers will be available to answer any questions you may have. Wrap up your visit with a self-guided tour of our campgrounds.

**Saturday, May 3 or Sunday, May 4, 2026**

**10:00 AM – 3:00 PM**

**Camp Blue Bay**

**103 Flagg Hole Road, East Hampton, NY 11937**

Register online at [gsnc.org](http://gsnc.org).

**Arrange for a visit to Camp Blue Bay that works for you!**

We understand that not everyone's schedule will work for the Open House to meet the Summer Camp Director. Please contact Laura Bissett-Carr, Chief Mission Delivery Officer, Camp Blue Bay Office at [BissettCarrL@gsnc.org](mailto:BissettCarrL@gsnc.org) or 631-604-2201 to arrange a convenient date and time to visit and take a self-guided tour of our facilities.



# Preparing for Camp

## JANUARY

Review Camp Brochure

## FEBRUARY

Register for Camp

## MARCH/APRIL

Put your Parent Handbook in an easily accessible place for future reference. Make an appointment with your family doctor to have a your camper's physical completed if they do not have one within one year of their session start date.

## MAY

Attend Open House/ Take a Camp Tour. Arrange a practice time away from home. An overnight at a friend's house or a whole weekend at a relative's home would be an ideal opportunity to practice being away from home.

## JUNE

Submit Final Payment for Camp. Submit all required forms through CampDoc. Check all medications for expiration date and refill prescriptions, if needed. Review the packing list in the Family Handbook and make an initial packing and shopping list.

## ONE WEEK BEFORE CAMP

Begin to Pack. Make sure your camper is included in the packing process so the camper knows what items they have at camp and where the items are packed. Send a package or letter in the mail. Review the Family Handbook. Have a plan for drop off and pick up day.

## LAST 24 HOURS

**Get Excited!** Keep the tone positive and focused on the fun your camper will have. Make sure your camper gets a good night's sleep and a good breakfast before getting on the bus. Make sure your camper's bathing suit, water shoes, sunscreen, towel, and water bottle are packed in their backpack. Smile and wave!



# Tips to Prepare your Camper for Overnight Camp



2.

Talk positively with your camper about camp activities.

4.

Plan some outdoor activities as a family to get your camper used to hot and humid weather. Step out into a natural setting at night like a park or nearby woods to identify common sounds you hear to prepare for sleeping outdoors.

6.

Talk to your camper about personal hygiene. Remind them the importance of brushing their teeth, applying deodorant, and showering daily. Help your camper become confident with washing, combing, and pulling hair back on their own.

8.

If your camper is old enough to begin their first menstrual cycle, discuss this before coming to camp. We have supplies on hand if the situation does occur.

1.

Include your camper in decision making. If your camper helped choose the session(s), or even some of the items they will bring to camp, they will feel more confident in approaching their adventure.

3.

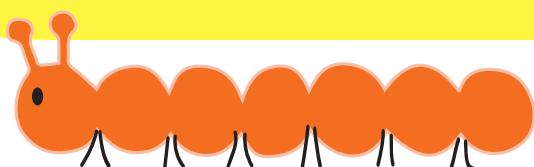
Relate camp to familiar everyday activities, such as getting dressed, going to bed (lights out), eating (trying new foods), showering (in a minimal amount of time), and keeping their space tidy.

5.

Encourage your camper to discuss any concerns with the counselors. Counselors are caring adult staff who are trained to help your camper with any concerns the camper may encounter.

7.

Familiarize your camper with what a tick looks like and how to properly check for them. Practice what to do if you see a bug in your tent—remind campers to relax and gently sweep it outside.



**TIP-**  
Pack an extra  
garbage bag for  
the way home.

## SUGGESTED PACKING LIST

### General Items:

- Sleeping Bag
- Pillow
- Laundry Bag  
and 2 Large Plastic Bags
- Flashlight (*plus extra batteries*)
- Writing supplies  
(*with stamps affixed and preaddressed*)
- Shoes/Sneakers (2 pairs)
- Water shoes\*

- Shower Shoes\*
- Insect Repellent (*no aerosols*)
- Sunscreen (*no aerosols*)
- Reusable Water Bottle
- Raincoat or Poncho
- Sanitary Supplies
- Toiletry Items
- Sun Hat
- Daypack/Backpack

*\*Water shoes/sneakers are worn in the water for swimming and boating. In boating activities, or on rainy days, sneakers will get wet. As they take several days to dry, additional pairs of sneakers or shoes are requested. Flip flops are not appropriate for swimming as they fall off. Crocs are not permitted for walking around camp but can be used for swimming/showering.*

### Clothing and Shower Items:

Towels	3	(5)	Underwear	8	(16)
Pants/Jeans	2	(4)	Washcloth	1	(2)
Socks	10	(18)	Shirts/Tops	8	(16)
Shorts	7	(14)	Bathing Suit	3	(5)
Pajamas	3	(6)	Sweatshirt	1	(2)

**Note:** Numbers in ( ) are for two-sessions (laundry will be arranged for campers who are at camp longer than 2 weeks)

### Optional Items:

- Small Stuffed Toy
- Sunglasses
- Camera
- White T-Shirt for Tie-dying
- Bug Net (self-standing)
- Plastic Caddy for Toiletries

### Please Note:

- Clothing and equipment must be placed into ONE duffel/tote bag labeled with the camper's name.
- Sleeping bags and pillows must be wrapped in plastic to stay clean and dry. Please label outside with your camper's name.
- There is no need to buy a "camp" wardrobe—clothes should simply be comfortable, durable play clothes.
- Mark all items with the camper's name.
- Pack a bathing suit, towel, sunscreen, and water shoes in their daypack to take on the bus; they will be needed upon arrival at camp.
- FOR SAFETY: NO HOOP OR DANGLING EARRINGS ARE TO BE WORN AT CAMP.
- Campers will walk a lot! New shoes should be broken in and comfortable before they are worn to camp. No open shoes/sandals are permitted at camp.



**TIP-**  
Preaddress  
and stamp  
envelopes for  
your camper.

## What Not to Bring:

- No trunks, hard-sided suitcases, or plastic tubs will be permitted (*they will not be placed on the bus. You will be given a plastic bag for your belongings*).
- Jewelry or other valuables
- Radios
- Cell phones
- Food or Candy (*storage not available for these items*)
- Electronic Items (*smartwatch, video games, tablets, etc.*)

Girl Scouts of Nassau County is NOT responsible for the loss or damage to personal property and reserves the right to inspect all bags.



## Lost and Found

Items will be retained at the GSNC Girl Scout Service Center (110 Ring Road West, Garden City) until September 15.

## Don't Forget:

### Hydration:

It is important that our campers stay hydrated, and we encourage them to drink water throughout the day and each night at camp. Campers should bring their own refillable water bottle to camp. Campers can refill their water at any sink at camp! The water at camp is treated and safe to drink. However, it might taste a little different than what you are used to since it is well water.

### Sunscreen:

Practice applying sunscreen with your camper before camp. During the camp day, campers will be supervised while reapplying sunscreen during designated times. Pack sunscreen in their daybag/backpack and an extra in their duffle bag.

### Electronic Free Camp:

Camp Blue Bay is a proudly technology-free zone, designed to give campers the chance to fully embrace the beauty of nature and form meaningful connections with one another. By stepping away from screens, campers engage more in face-to-face interactions, enjoy active play, and experience the simple joys of the outdoors. To support this, campers may not bring phones, tablets, smartwatches, or similar devices. We understand this can feel like a big step—sending your camper off without their tech—but rest assured, they're safe, supported, and making memories that will last a lifetime.

**“It was fun and gave me a break from my phone and I didn’t even miss it!”**

—CAMP BLUE BAY CAMPER

# Transportation

## DEPARTURES AND RETURNS:

It is assumed that all campers are taking the bus to and from camp. If you have any other arrangements for transportation, please contact the Summer Camp Director at [cbbsummerdirector@gsnc.org](mailto:cbbsummerdirector@gsnc.org).

### Beginning of Camp:

**8:30 AM:** All Camp Blue Bay campers check in at the Hofstra University Parking Lot.

**9:00 AM SHARP:** Buses leave from the parking lot at Oak Street and West Circle.

### End of Camp:

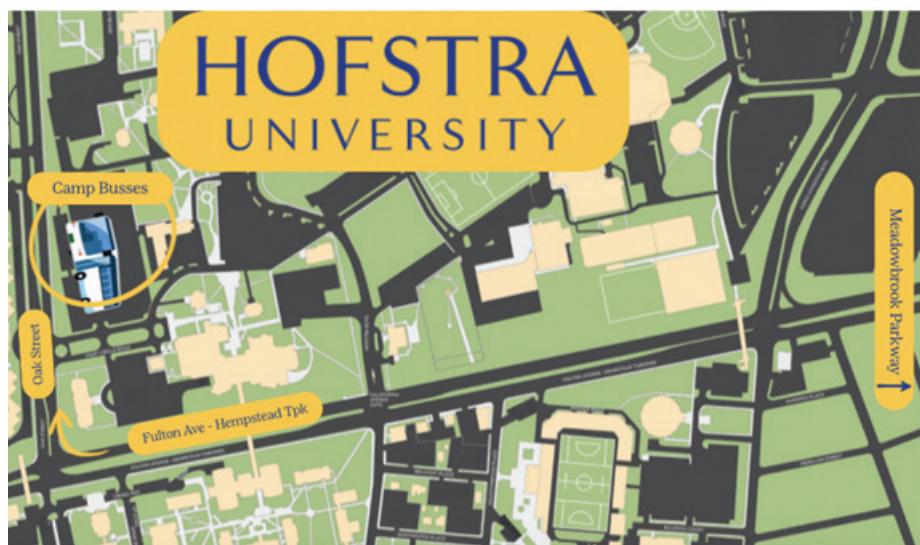
**2:30 PM:** Camp Blue Bay buses return to the same parking lot at Hofstra University.

Session	Departs to Blue Bay	Arrives at Hofstra
#1	Tuesday July 7, 2026	Tuesday July 14, 2026
#2	Tuesday July 14, 2026	Tuesday July 21, 2026
Mini Plus	Tuesday July 21, 2026	Saturday July 25, 2026
Mini Session	Saturday July 25, 2026	Tuesday July 28, 2026
#3	Tuesday July 21, 2026	Tuesday July 28, 2026
#4	Tuesday July 28, 2026	Tuesday August 4, 2026
#5	Tuesday August 4, 2026	Tuesday August 11, 2026
#6	Tuesday August 11, 2026	Tuesday August 18, 2026

All campers are expected to remain seated on the buses, wear seatbelts, and follow any instructions that may be given by the Bus Chaperone.

Parents will be contacted via e-mail if there are any MAJOR delays. Also be sure to check the Camp Blue Bay and GSNC Facebook pages for updates.

Camp Blue Bay buses depart and arrive at the Oak Street Parking Lot at Hofstra University in Hempstead.



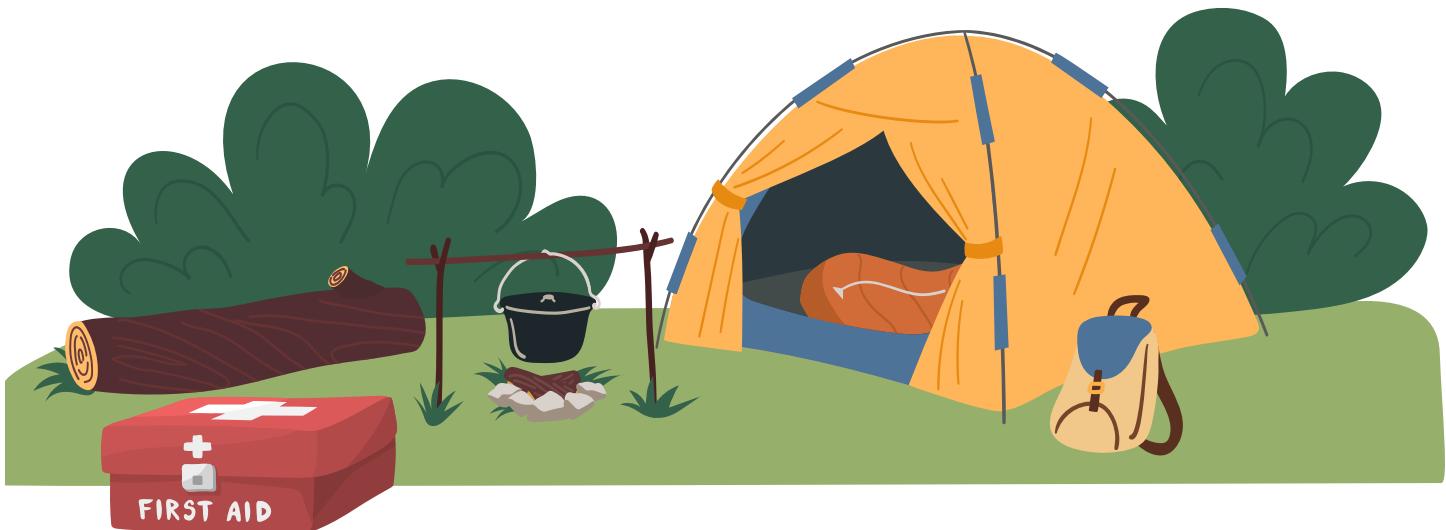
### Bus Chaperones:

Every summer, we ask for parents/guardians of campers to volunteer to ride the buses out to camp!

Parents/guardians can receive a \$25 rebate for being a bus chaperone. Please email [cbbsummerdirector@gsnc.org](mailto:cbbsummerdirector@gsnc.org) for more information.



# Health and Safety



All campers must complete a physical within 12 months of their start date of attending camp. Health information and required forms (signed and stamped by your doctor) will be completed on [Campdoc.com](https://Campdoc.com).

All medications and vitamins sent to camp must be in the original container and clearly labeled with name, appropriate dates, and instructions signed by a medical professional. Pack medication in a separate bag to be collected during check-in. Please do not pack a day-of-the-week pill organizers!

Our healthcare staff will try to contact you by phone if your child has a need for out-of-camp healthcare. Because of timing and scheduling conflicts, we cannot promise that we will be successful in reaching you. The phone numbers you provide on your child's health form will be accessed. Please make sure that we know how to reach you during your child's stay.

## **When Parents Will be Called**

We generally do not contact you if your child is seen in the Camp Health Center for routine problems (e.g. skinned knees, sore throat, and headache) that do not require a physician referral. The decision to consult you is determined on a case-by-case basis by our Health Supervisor. If your child is sick and the Health Supervisor decides that your camper is unable to participate in the camp program, you will be asked to pick up your child within 24 hours. Please attach a letter to your child's health form if you want us to follow a practice different from what is described.

**Illness or Injury:** Your camper requires attention that cannot be given in our health center.

**Fever:** Your camper runs a fever higher than 102 degrees or has a fever longer than 12 hours.

**Vomiting and/or Diarrhea:** Your camper has vomiting and/or diarrhea that continues for 12 hours.

**Breathing Difficulty:** Your camper has breathing difficulty with no problems listed in their health history. Your camper has breathing difficulty and does not respond to their medication.

**Insect Bites/Stings/Poison Ivy:** Your camper has an excessive reaction or swelling from an insect bite or poison ivy.

**Head Lice:** During the health check-in, all campers will have an inspection for head lice. If a camper has evidence of head lice, they will not be able to stay at camp, and we will make every effort to place them in a similar program session later in the summer.

# Camp Blue Bay

East Hampton, NY 11937

40.9569°N 72.1989°W.



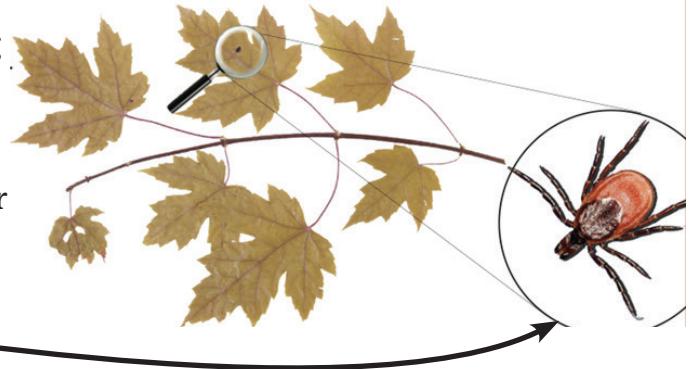


# What is a Tick?

## Ticks are common on Long Island,

especially in wooded and grassy areas, so camping is no exception. Ticks are related to spiders, as they have eight legs. Unlike spiders, they don't spin webs, and they don't eat insects. All ticks are small, but blacklegged ticks (sometimes called deer ticks) are very small. It is easy to mistake them for freckles or dirt.

This is a blacklegged tick close-up:



## Where do ticks live?

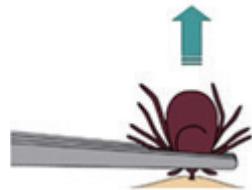
Ticks live in places where there is a lot of tall grass, shrubs, and leaves. Ticks wait for an animal (like a deer, a mouse, or a dog) or a person to walk by. Then they grab on to the animal or human.

## How do ticks bite us?

After climbing on a person or animal, ticks find a good place to attach themselves. They might hide in your hair, or behind the knee, or even in your underwear! Then, the ticks bite into a person or animal's skin and start drinking their blood. Tick bites don't usually hurt, so you may not even notice it. The tick can stay attached for a few days. This is why it is important to do tick checks throughout the day. When it is full, it will fall off.

## What if a tick is found on a camper?

If a camper finds a tick on their body, they should tell their counselors. They will take the camper to the health center to have it removed. If you find a tick on your camper after camp, you can use tweezers to pull it off. Your camper should wash the bite with soap and water or disinfectant.



## How can I keep ticks away?

- Consider high socks for activities such as the ropes course
- Use insect repellent
- Stay on the trails
- Check for ticks during showers

## Our Precautions:

The Camp Blue Bay property is sprayed 4 times a year.

Trails and activity areas are kept trimmed to limit contact with tall grass and brush where ticks are often found. We remind campers to stay on the paths and to avoid dense woods and bushy areas.

Counselors remind campers to do regular tick checks. Counselors do evening tick checks of the campers' hair, behind their ears, and neck.

Our health staff are trained to remove ticks safely. Any tick that is found will be kept at camp and can be mailed home at the family's request.

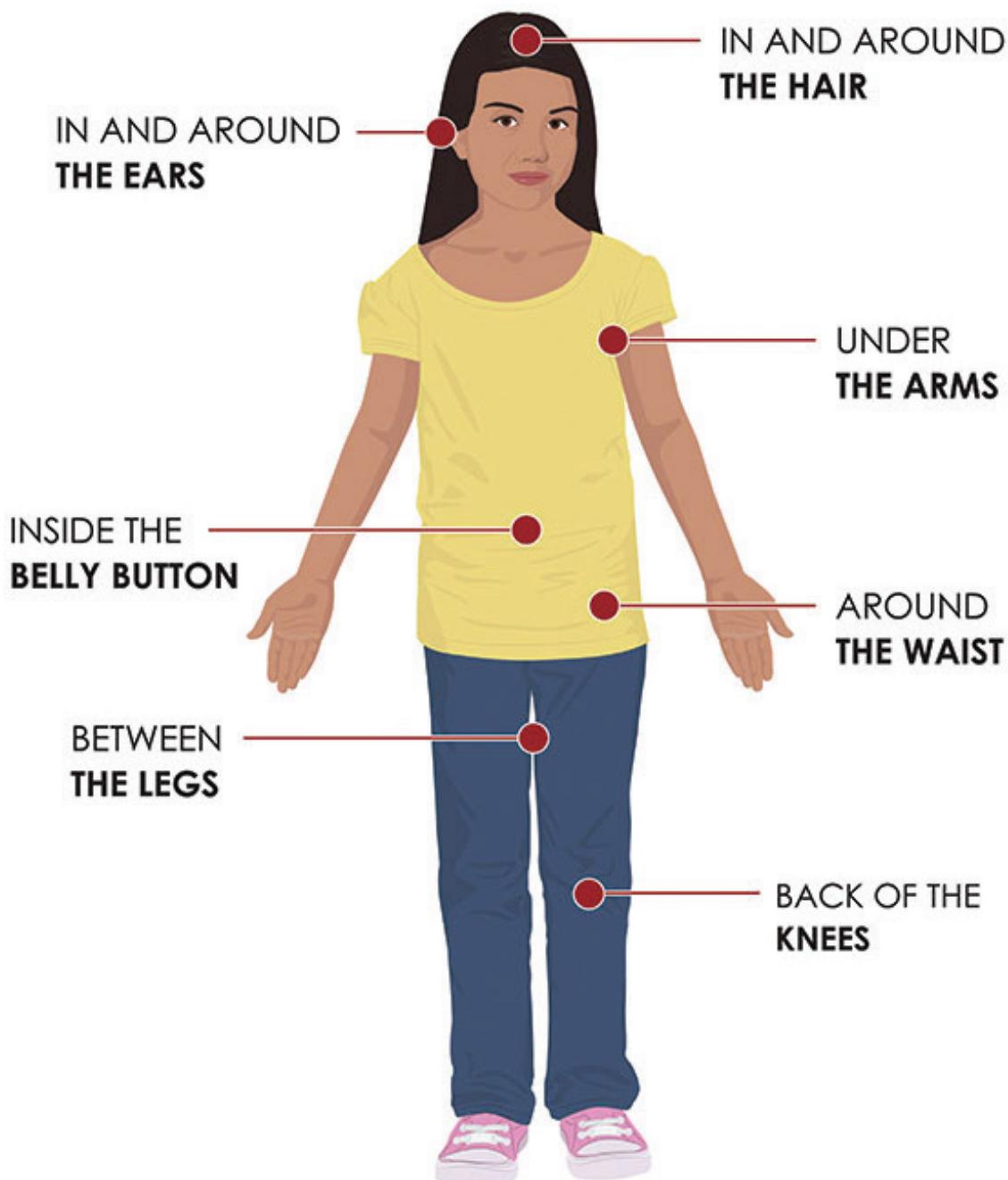
Parents will be notified via email at the end of the week if their camper has a tick while at camp.

## After Camp:

When your camper returns home, encourage them to continue daily tick checks for a few days. The Centers for Disease Control and Prevention (CDC) offers helpful resources on how to check for ticks, safely remove them, and recognize symptoms of tick-borne illnesses such as Lyme disease.

### Tick Checks:

Conduct a full body check upon return from potentially tick-infested areas, including your own backyard. Use a hand-held or full-length mirror to view all parts of your body. Check these parts of your body and your child's body for ticks:



# Life at Camp

## Inclement Weather:

Our staff are trained to help campers stay safe and comfortable in a variety of weather conditions. They remind campers to put on ponchos in the rain, encourage extra layers on cooler days, and share tips for staying cool when temperatures rise. During especially hot weather, we follow procedures that may include water games, shaded activities, all camp swim, or other cooling options. If storms are in the area, our administrative team stays in close communication with counselors to ensure campers are relocated to safe locations as needed. In the event of more severe weather, we have clear plans in place to move campers quickly and appropriately.

## Swimming and Boating:

Campers will take a “Swim Quest” on the first day of camp to assess their swimming ability. Safety is always our top priority when conducting swim quests and we want campers and lifeguards to be comfortable with the area campers are swimming/boating in. Campers will have scheduled swim Tuesday–Sunday, weather dependent. They will receive both instructional swim (based on their skill level) and have time for free swim. Campers in one-week sessions who are classified as “swimmers” will have the opportunity to choose from different types of boating at the creek; options may include row boating, canoeing, kayaking, corcling, and paddleboarding. “Non swimmers” will go row boating. Campers who are registered for a two-week session and classified as “swimmers” will have the opportunity to go sailing.



## Accommodations:

### Q: Do counselors share sleeping accommodations with campers?

**A:** In units of platform tents, counselors will sleep in a nearby platform tent. It will be centrally located in the unit and counselors will make campers aware of which tent they can be found in. In the Troop House, counselors will sleep in a separate room within the building.



## Buddies:

Campers may request one buddy. Both campers must request each other and be registered for the same camp program. While we do our best to honor additional buddy requests, please remember that one of the best parts of camp is the opportunity to make new friends.



## Homesickness:

Occasional homesickness is part of being away from home, especially for the first time. You can prepare your child by letting them spend a weekend away with relatives or friends before coming to camp, practicing independence, or bringing them to tour the camp property. Keep your letters cheery; don't be alarmed by an occasionally unhappy letter. Letters are written at less active times when homesickness is more likely to occur (the child may be at a loss for something to write or wants a letter from you). Never promise before camp that you will pick your child up if they get homesick. If the complaint seems serious or repeated, feel free to call the Summer Camp Director's office, and we will follow up on your concerns.

# Life at Camp *(Continued)*

## TIPS!



- **Practice independence:**

Have sleepovers or weekends away from home so your camper gets used to being away.

- **Involve them in prep:**

Let them help pack and choose special comfort items (like a stuffed animal, book, or small photo).

- **Talk positively:**

Frame camp as an adventure. Avoid saying things like “If you get homesick, I’ll come pick you up.” This conveys a message of doubt that undermines their confidence and almost guarantees you’ll be picking up your child. Let them know you believe in their ability to work through their feelings (with help from our staff) and make it to the end of camp. It’s amazing what children can do when they know someone believes in them!

- **Set realistic expectations:**

Remind them it’s normal to miss home sometimes, but that it usually gets easier after the first few days.

- **Visiting:**

For security reasons, visitors are not permitted during camp sessions. Our Open House is designed to give caregivers the opportunity to see camp. In the event of an emergency where you need to pick up your camper early, please call the camp office before arriving at camp. Parents/guardians of campers who are staying for an extended time may request a Visiting Day to pick up their camper and take them off camp. Parents/guardians will need to schedule visiting days in advance with the summer camp directors. We ask that you do not arrive earlier than 8:45 AM and that you do not drop off later than 8:30 PM.

## Kapers:

While at camp, campers learn to be part of a community and take responsibility. Each unit is assigned a daily chore at camp called “Kapers.” They include a litter hike, participating in our flag ceremony, keeping camp clean, and setting up the Dining Hall for meals. In addition, campers will be expected to clean up after themselves at all activities and keep their space in the unit tidy.

## Birthdays!:

If your camper’s birthday falls during their time at camp, please email the Camp Director to let them know. Your camper will celebrate with their fellow campers and counselors with a special Camp Blue Bay rendition of “Happy Birthday” in the Dining Hall and cupcakes for their unit!

## Interest Groups:

These are evening activities held twice a week where campers get to choose from a variety of fun, staff-led programs—different each week and always something unique!

**Tie Dye:** Each week tie dye will be held as an Interest Group. This is an optional activity for campers; if you camper wants to participate in tie dye, please make sure they have a clean white item packed!

## Theme Nights:

Every Friday Night we have a themed dinner in the Dining Hall with decorations and costumes followed by a dance party on the basketball court. The theme is a surprise each week and campers will be allotted time to make their own costumes!



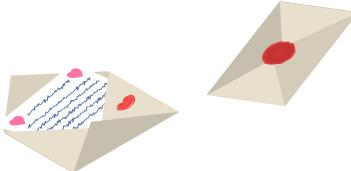
# Communication at Camp Blue Bay

## Mail:

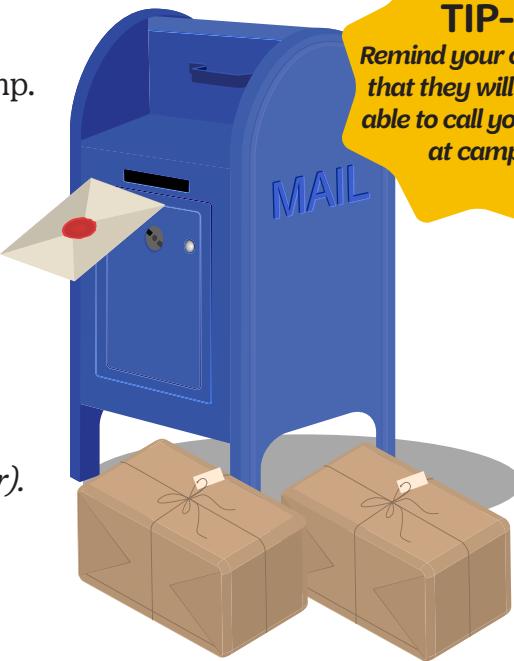
Mail is a very exciting time of the day at camp. Be sure to send some mail for when your camper arrives at camp.

### The mailing address is:

Camper's Name  
Camp Blue Bay  
103 Flaggi Hole Road  
East Hampton, NY 11937



**TIP-**  
Remind your camper that they will not be able to call you while at camp!



## Packages:

Campers may receive packages while at camp (*magazines, games, or puzzles are some things you might consider*).

**PLEASE DO NOT SEND ANY FOOD ITEMS, GUM, OR CANDY, AS WE DO NOT HAVE A PLACE TO SAFELY STORE THEM.**

## Bunk1:

Stay in touch with your camper at Camp Blue Bay with Bunk Notes. Your message will be delivered to the camp within 24 hours. No need to wait for snail mail; Bunk1 makes it easy to communicate with your child. To get started visit [www.Bunk1.com](http://www.Bunk1.com). More information can be found on CampDoc under Camp Information Packets.

**The Invitation Code for Girl Scouts of Nassau County Camp Blue Bay is: CBB2026**

**Please note:** This is a ONE-WAY email system; your camper will not be able to respond using Bunk1. We DO NOT use the Bunk1 photo posting services as we do not post photos of campers while they are at camp, nor do we have a camp photographer.

**2026  
CAMP  
GIFT**

**Safety Pink  
Crewneck**

*Available in youth  
and adult sizes.*



Be sure to place your order online at the time of registration to have it delivered to your camper while they are at camp!

## Trading Post:

At the beginning of your camper's stay, they will go to the Trading Post and spend their non-refundable 18 "seashells" per session. Available items will include stationery, stuffed animals, flashlights, and more.

Every camper will receive a Camp Blue Bay T-shirt at the end of their session. No cash is needed or accepted.



# Camp Policies

## Telephone

While campers may not make or receive telephone calls, please feel free to contact the Summer Camp Directors (cbbsummerdirector@gsnc.org or 631-324-4435) with an important message. Our staff will get back to parents/guardians as soon as possible, but please keep in mind that our first priority is being present with the campers, so responses may take until after the next mealtime.

**Note:** In the event of an emergency, for immediate assistance call (516) 512-1845.

## NO CELL PHONES ARE PERMITTED AT CAMP

## Notice of Changes

If the address or phone number of the parent/guardian has changed from one previously provided, or if for any reason you are aware that the camper will not be boarding the bus bound for camp, please email BissettCarrL@gsnc.org or call the office at 631-604-2201. If it is necessary for a camper to be picked up either at camp or at the return bus by someone other than the person who signed the registration form, we must have a written statement indicating who this person will be.

## Discharge from Camp

A camper will be sent home via transportation provided by the parent/guardian, if they:

- Cannot adjust to camp living
- Continuously violates the camper code of conduct
- Possesses or uses drugs, marijuana, or alcohol
- Is found smoking or vaping
- Leaves camp premises without permission of the Camp Director
- Cannot participate in daily activities due to illness or injury  
*(this will be evaluated by the Health Supervisor in partnership with Camp Directors).*

## Refund Policy

Camp registration requires a \$50 non-refundable deposit per session at the time of registration. Final payments for the balance of registration are due by May 15 unless a payment plan is in place within the CampDoc system. Canceling for any reason at least six weeks before the camp session will receive a full refund, minus the \$50 non-refundable deposit. Canceling for any reason at least three weeks before the camp session will receive a 50% refund minus the \$50 non-refundable deposit. No refunds will be issued for canceling within three weeks of the camp session unless due to medical or extenuating circumstances. No refunds will be made if a camper arrives late, leaves early, or does not attend the entire session for any reason. Cancellation and refund requests should be submitted to your CampDoc account.



# 2026 Camp Blue Bay Camper Code of Conduct

Below is a list of the basic rules that each camper will need to follow while at camp. Keep in mind that more specific rules will be discussed when you get to camp (mealtimes, bedtimes, activities, etc.). Please read all these guidelines and make sure that you understand them. You will be expected to follow these guidelines as soon as you arrive at Camp Blue Bay.

## **WHILE AT CAMP BLUE BAY:**

- I will live by the Girl Scout Law.
- I will be honest and respectful (of my peers, my camp staff, and myself).
- I will follow directions and rules at camp.
- I will use the buddy system and stay within camp boundaries.
- I will leave my cell phone, jewelry, and all other valuables at home since they are not permitted at camp.
- I will not pack or bring gum, candy, cookies, snacks, or food of any kind to camp.
- I will use appropriate language and conduct.
- I will ask if I need help.
- I will do my best to think, speak, and act in ways that ensure everyone at Camp Blue Bay feels they belong and can meaningfully participate in all aspects of Girl Scouting, regardless of ability, age, culture, education, ethnicity, gender, race, religion, sexual orientation, and socioeconomic status.
- I will do my best to HAVE FUN!

## **DISCIPLINE WILL BE HANDLED IN THE FOLLOWING PROGRESSIVE MANNER:**

- **Step 1:** Counselors will address behavior with the camper, helping the camper to understand the rules and to take responsibility for changing the behavior. (\*Most behaviors are corrected at this level.)
- **Step 2:** Senior staff will meet with the camper to discuss and implement solutions.
- **Step 3:** The camper will meet with the Summer Camp Directors. Parental contact and clear objectives will be established.
- **Step 4:** The camper will be removed from camp without a refund. A parent or guardian will be asked to pick up the camper from Camp Blue Bay as soon as possible. Parent or guardian is responsible for pickup/transportation of the camper.

*\*\*Drugs, alcohol, tobacco products, vape, or weapons are strictly prohibited. Possession of these items, theft, destruction of property, or physical violence will result in immediate dismissal from camp without a refund.*

# Our Quick Camp Blue Bay Reference Guide

**Unit:** Another name for a campsite or troop house, or a way we refer to a group at camp!

**Hopping:** Hopping is a camp chore, which we call Kapers. We use the word hopping like a verb and it means that your unit is helping in the Dining Hall that day.

**Flag:** This is a tradition at Camp Blue Bay and at a lot of other Girl Scout camps! Each morning, we raise the American Flag and each evening we lower it. Each unit will have a different day(s) to do the flag ceremony.

**Tajar:** This is our camp mascot. The Tajar is a cross between a badger, a tiger, and a jaguar. The Tajar is really special, and you may or may not meet it and you may or may not remember...

**Camp Craft:** This is one of our traditional camp programs and our Girl Scout-way of saying camping skills!

**Gaga:** Gaga is a fast paced, high-energy sport played in an octagonal pit at the back of the sports field. Dubbed a kinder, gentler version of dodgeball (but somehow more intense), the game is played with a soft foam ball and combines the skills of dodging, striking, running, and jumping, while trying to hit opponents with a ball below the knees.

**CIT:** The abbreviation for Counselor-in-Training. CITs come to camp for sessions 4-5. In our CIT program, Girl Scouts in 11th and/or 12th grade learn leadership skills and about the behind-the-scenes of camp.

**Kapers:** Kapers are our camp-wide chores. Girl Scouts make the world a better place, and that comes to life at camp by taking care of our community together.

**Corcl:** A type of boat that's popular in the camp world! A corcl is like a round kayak that you can stand up on!





of nassau county

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