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TOWN OF NORTH HEMPSTEAD OFFICE OF THE SUPERVISOR



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Supervisor
JUDI BOSWORTH

May 2020

Calling All North Hempstead Scouts!

The Town of North Hempstead would like to invite all Girl Scouts of Nassau County and Boy Scouts of Nassau County to help out their community by sewing cloth face coverings for our local senior citizens.

We have enclosed a tutorial for a sewn cloth face covering using materials you may already have at home. You are welcome to make one or more masks. We ask that each mask be placed in its own individual sealed bag, along with a note from you. Please use the template note we have enclosed since it has important mask wearing guidelines. You can then drop your mask(s) off to the designated drop off box at North Hempstead Town Hall located at 220 Plandome Road, Manhasset, Monday through Friday, between the hours of 9AM and 4PM, beginning on May 18, 2020. The collection drive will end on June 15, 2020.

We would love to see your creations so please tag the Town's social media pages: On our Facebook [@townofnorthhempstead](#) and [@northhempstead](#) on Twitter.

If you have any questions or require additional information, please contact Lauren Summa at (516) 304-1291.

Warm regards,

A handwritten signature in blue ink that reads "Judi Bosworth". The signature is written in a cursive, flowing style.

Judi Bosworth

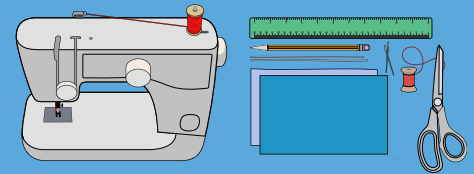


North Hempstead Supervisor Judi Bosworth and the Town Board Present:

How to make a Sewn Cloth Face Covering

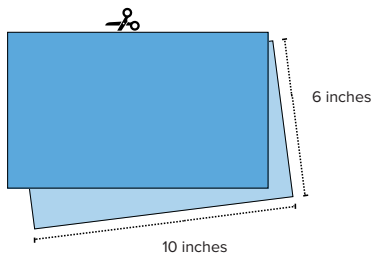
Materials Include

- Two 10"x6" rectangles of cotton fabric
- Two 6" pieces of elastic (or rubber bands, string, cloth strips, or hair ties)
- Needle and thread (or bobby pin)
- Scissors
- Sewing machine

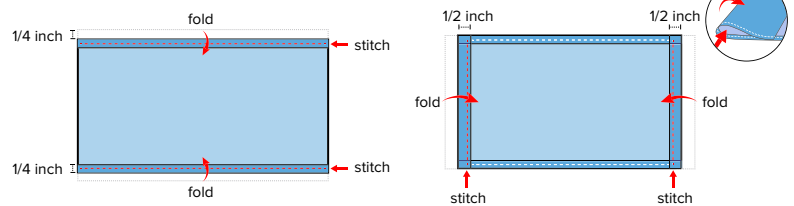


Tutorial

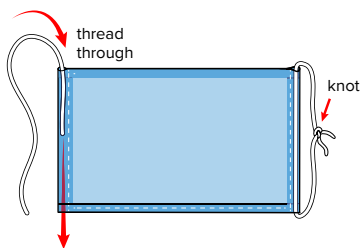
1. Cut out two 10-by-6-inch rectangles of cotton fabric or cotton sheets. T-shirt fabric will work in a pinch. Stack the two rectangles; you will sew the cloth face covering as if it was a single piece of fabric.



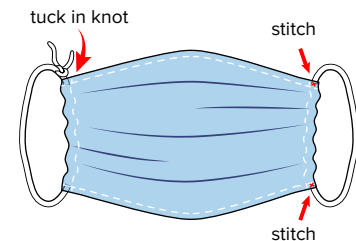
2. Fold over the long sides 1/4 inch and hem. Then fold the double layer of fabric over 1/2 inch along the short sides and stitch down.



3. Run a 6-inch length of 1/8-inch wide elastic through the wider hem on each side of the cloth face covering. These will be the ear loops. Use a large needle or a bobby pin to thread it through. Tie the ends tight. Don't have elastic? Use hair ties or elastic head bands. If you only have string, you can make the ties longer and tie the cloth face covering behind your head.



4. Gently pull on the elastic so that the knots are tucked inside the hem. Gather the sides of the cloth face covering on the elastic and adjust so the mask fits your face. Then securely stitch the elastic in place to keep it from slipping.



Once again, we encourage residents to practice this method of facial covering if you do not have access to medical face masks. It is important that we are all doing our part to minimize the spread of coronavirus, and this is one very simple way of doing so.

Credit: CDC.gov

We care about you. Be smart. Stay home. Stay safe.

For more information visit

northhempsteadny.gov/coronavirus



North Hempstead Supervisor Judi Bosworth and the Town Board Present a Message for You:

Dear North Hempstead Neighbor,

My name is: _____ and I am _____ years old.

I am a part of: (organization) _____

I have made this cloth face covering for you because: _____

A few fun things about me are: _____

I hope you like the cloth face covering that I have hand made for you. Stay Safe!

From your friend,

CDC guidelines and usage on Homemade Cloth Face Coverings



How to Wear a Cloth Face Covering. Cloth face coverings should:

- fit snugly & comfortably against the side of the face & be secured with ties or ear loops.
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

Once again, we encourage residents to practice this method of facial covering if you do not have access to medical face masks. It is important that we are all doing our part to minimize the spread of coronavirus, and this is one very simple way of doing so.

CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), **especially** in areas of significant community-based transmission.

CDC also advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others.

Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.

Cloth Face coverings should be washed routinely in a washing machine, depending on frequency of use.