

# Are You an Includer?

**Have you ever felt left out** and not included? It doesn't feel very nice, does it?

This month is about including everyone, appreciating everything that makes us all unique and loving us all the same. It's important to always try and be an Includer. What is an Includer? An Includer is someone who welcomes everyone, especially if they are alone. Includers think of others and celebrate our differences.

**Directions:** Answer the questions inside the heart. Once you finish answering the questions cut the heart and color the opposite side. Mail the completed heart to: **Girl Scouts of Nassau County, ATTN: Heart of Inclusion, 110 Ring Rd. West, Garden City, NY 11530.**

The Hearts will be posted on the CEO's window at the service center. If you choose to, you can also make one to put on your window also! You will be able to purchase the patch once the GSNC shop is reopened.



1. What do you do that makes you an Includer?

2. When was a time when you felt not included or left out?

3. When was a time when you might have left someone out because they were different?

4. What can you do to be a better Includer?