



# Welcome to Camp Blue Bay

Summer 2012

Girl Scouts of Nassau County, Inc.  
110 Ring Road West  
Garden City, NY 11530

Phone: 516-741-2550

Fax: 516-741-2207

[www.gsnc.org](http://www.gsnc.org)

## Open House

Parents are invited to tour Camp Blue Bay, prior to the opening of camp. Self-guided tours are available between the hours of 10AM and 3PM on Saturday, May 5, 2012 or Sunday, May 6, 2012. We encourage you to attend this weekend as it is the only opportunity you will have to visit the site. To register for one of the open houses please leave a message at 516-741-2550, press \*275.

## **General Information**

We look forward to having your daughter participate in the fun-filled activities at Camp Blue Bay. To make her stay more comfortable and her time away less stressful for you, we would appreciate you taking a few minutes to review the material in this packet.

### **Program**

Campers will participate in daily swimming lessons, taught by Red Cross Certified Instructors, on Gardiner's Bay. Since our boating program requires a specific amount of physical skill, there are varying age requirements.

### **Trading Post**

Upon arrival at Camp, your daughter will be given a trading post card entitling her to a non-refundable 15 "seashells", per session, to be used at the Camp Trading Post. Available items will include shirts, stationery, stuffed animals, and more.

*No cash is needed or accepted.*

### **Homesickness**

Occasional homesickness is part of being away from home, especially for the first time. You can prepare your child by letting her spend a weekend away with relatives or friends before coming to camp. Keep your letters cheery; don't be alarmed by an occasional unhappy letter. Letters are written at less active times when homesickness is more likely to occur. (The child may be at a loss for something to write, or wants a letter from you.) Never promise before camp that you will pick your child up if she gets homesick. If the complaint seems serious or repeated, feel free to call the Camp Director, who will follow up on your concerns.

### **Mail**

Mail is a very special time of the day at camp. Be sure to send some mail for when your camper arrives at camp. The mailing address is:

*Camper's Name*  
Camp Blue Bay  
Flaggy Hole Road  
East Hampton, NY 11937

## **Packages**

Campers may receive packages while at camp.

(Comic books, games or puzzles are some of things you might consider)

**DO NOT SEND ANY FOOD ITEMS, GUM OR CANDY,  
WE DO NOT HAVE A PLACE TO SAFELY STORE THEM.**

## **Telephone**

While campers may not make or receive telephone calls, please feel free to contact the Camp Director with an important message.

**NO CELL PHONES ARE PERMITTED AT CAMP**

Catherine Mottola, Camp Director - (631) 324-4435

## **Notice of Changes**

If the address or phone number of the parent/guardian is changed from one previously furnished, or if for any reason you are aware that the camper will not be boarding the bus bound for camp, call the Camp Registrar at 516-741-2550, press \*275. If a camper is to be dropped off or picked up at Camp Blue Bay, please let the Camp Registrar know in advance. If it is necessary for a camper to be picked up either at camp or at the return bus by someone other than the person who signed the registration form, we must have a written statement indicating who this person will be.

## **Discharge from Camp**

A camper will be sent home via transportation provided by the parent/guardian, if she:

- ✓ Cannot adjust to camp living
- ✓ Possesses or uses drugs, marijuana or alcohol
- ✓ Is found smoking
- ✓ Leaves camp premises without permission of the Camp Director
- ✓ Cannot participate in daily activities due to illness or injury

## **Tipping**

Our Resident Camp Staff may not accept tips or gratuities.

## Refund Policy

The \$50 per session deposit will not be refunded or transferred after camp registration is confirmed. The balance of the fee will be refunded only if the camper does not attend due to illness or injury that is confirmed by a physician's letter. No refunds will be made if a camper cancels, arrives late, leaves early, does not attend the entire session for any reason or provides her own transportation to or from Camp Blue Bay.

*Please Note: Balance of Camp Fees due no later than May 1, 2012*

## Health History & Examination/Medication

A new health form must be completed every year and may reference a physical examination date if it has taken place *within 12 months*. The enclosed Health Form must be completed in full (see the checklist for details); including all dates of the mandated immunizations ("up-to-date" will not be accepted). Medications must be included on this form as well. All medications sent to camp must be in the original container clearly labeled with name, appropriate dates and instructions. Pack medication in a separate bag to be given to bus chaperone when boarding bus for camp.

Our healthcare staff will make an effort to contact you by phone if your child has need for out-of-camp healthcare. Because of timing and scheduling conflicts, we cannot promise that we will be successful in reaching you. The phone numbers you provide on your child's health form will be accessed. Please make sure that we know how to reach you during your child's stay.

We generally do not contact you if your child is seen in the Camp Health Center for routine problems (e.g. skinned knees, sore throat, and headache) that do not require a physician referral. The decision to consult you is determined on a case-by-case basis by our provider. Please attach a letter to your child's health form if you want us to follow a practice different from what is described.

*Please Note:*

*Fully completed Health Examination Form due June 1, 2012*

# 2012 CAMP BLUE BAY CAMPER CODE OF CONDUCT

*(You signed this Code of Conduct on your Registration Form)*

Below is a list of the basic rules that you will need to follow while you're at camp. Keep in mind that more specific rules will be talked about when you get to camp (mealtimes, bedtimes, activities, etc.). Please read over all of these guidelines and make sure that you understand them. You will be expected to follow these guidelines as soon as you arrive at Camp Blue Bay.

## WHILE AT CAMP BLUE BAY:

- I will live by the Girl Scout Laws
- I will be honest and respectful (of my peers, my camp staff, and myself)
- I will follow directions and rules at camp
- I will use the buddy system and stay within camp boundaries
- I will leave my cell phone, jewelry and all other valuables at home since they are not permitted at camp
- I will not pack or bring gum, candy, cookies, snacks or food of any kind to camp
- I will use appropriate language and conduct
- I will ask if I need help
- I will do my best to HAVE FUN!

## DISCIPLINE WILL BE HANDLED IN THE FOLLOWING PROGRESSIVE MANNER:

- **Step 1:** Counselors will address behavior with the camper, helping the camper to understand the rules and to take responsibility for changing the behavior. *(\*most behaviors are corrected at this level)*
- **Step 2:** Senior staff will meet with the camper to discuss and implement solutions.
- **Step 3:** The camper will meet with the Camp Director. Parental contact and clear objectives will be established.
- **Step 4:** The camper will be removed from camp without a refund. A parent or guardian will be asked to pick up the camper from Camp Blue Bay as soon as possible. Parent or guardian is responsible for pickup/transportation of camper.

**\*\*Drugs, alcohol, tobacco products, or weapons are strictly prohibited. Possession of these items, theft, destruction of property, or physical violence will result in immediate dismissal from camp without a refund.**

## Suggested Equipment List

### General Items

Sleeping Bag or Bed Roll	Laundry Bag & 2 large plastic bags
Flashlight (extra batteries/bulbs)	Writing supplies-stamps affixed
Cup & Plate or Mess Kit	Water shoes/sneakers*
Fork, Knife & Spoon	Insect Repellent (no sprays)
Dunk Bag (Net bag for dishes)	Jacket
Raincoat or Poncho	Sweatshirts
Shoes/Sneakers (2 pair)	Pajamas
Toilet Articles (no sprays)	Sun Hat
Shower Thongs	Bandana
Sanitary Supplies	Daypack
Sunscreen (no sprays)	

\*Water shoes/sneakers are worn in the water for swimming and boating. In boating activities, or on rainy days, sneakers will get wet. As they take several days to dry, additional pairs of sneakers or shoes are requested. Jellies/thongs are not appropriate for swimming as they fall off.

### Clothing and Shower items

Towels	3	(5)	Underwear	8	(15)
Pants/J Jeans	2	(4)	Washcloth	1	(2)
Socks	8	(15)	Shirts/tops	7	(14)
Shorts	7	(14)	Bathing Suit	2	(4)

*Note: Numbers in ( ) are for two-sessions-(laundry will be arranged for girls who are at camp longer than 2 weeks)*

### Optional Items

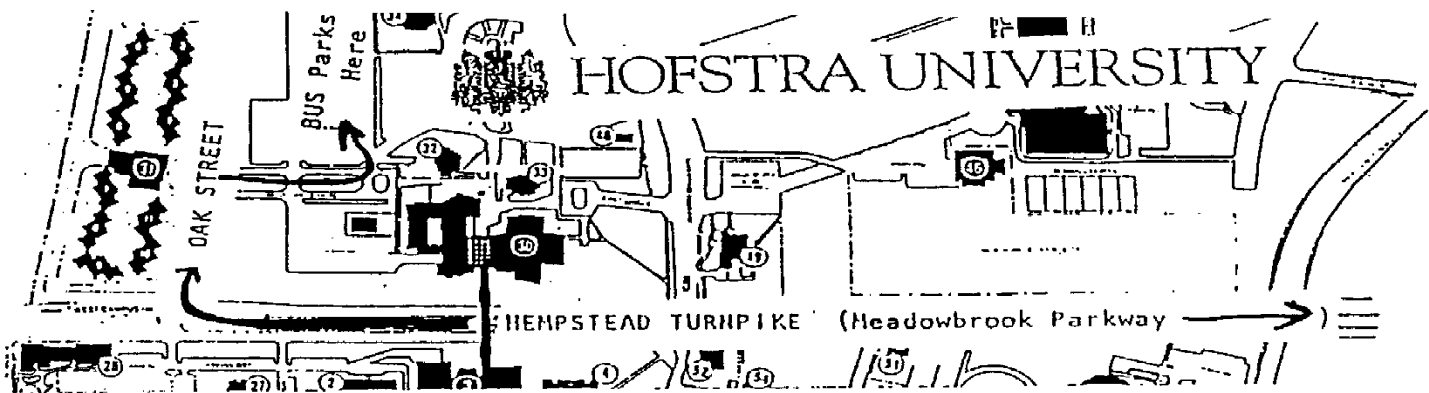
Pillow and cases	Small Stuffed Toy
Sunglasses	Camera and Film
White t-Shirt for Tie-dying	

## Please Note

- Clothing and equipment must be placed into ONE duffel/tote bag labeled with camper's name.
- **No trunks, hard-sided suitcases or plastic tubs will be permitted.**
- Sleeping bags should be wrapped in plastic to stay clean and dry.
- **Mark all items with camper's name.**
- Pack bathing suit, towel and water shoes/sneakers in a daypack to take on the bus, they will be needed upon arrival at camp.
- For safety: No hoop or dangling earrings are to be worn at camp.  
No open shoes/sandals are permitted at camp.

## Do Not Bring

- Hard-sided suitcase, trunk or plastic tubs (they will not be placed on the bus. You will be given a plastic bag for your belongings.)
  - Jewelry or other valuables
  - Radios
  - Cell phones
  - Food or candy (storage not available for these items)
- Girl Scouts of Nassau County is **NOT** responsible for loss or damage to personal property and reserves the right to inspect all bags.



### **Hofstra's Location:**

Hofstra University is in Hempstead, Long Island about 25 miles east of Manhattan, less than an hour away by train or automobile.

The Long Island Railroad provides regular commuter service from Pennsylvania Station in New York City to Hempstead station, a mile and a half from campus.

The closest parkway is Meadowbrook Parkway. Leave Meadowbrook Parkway at exit M-4 West, onto Hempstead Turnpike. Continue under the overpass, turn right onto Oak Street.

**The Girl Scout buses to Camp Blue Bay leave from the Oak Street parking lot.**

## Departures and Returns

**8:30 am**

All Blue Bay campers check in at the Hofstra University Parking Lot.

**9:00 am *SHARP***

Buses leave from the parking lot at Oak Street and West Circle.

**2:30 pm**

Camp Blue Bay buses return to the same parking lot at Hofstra University

<b>Session</b>	<b>Departs to Blue Bay</b>	<b>Arrives at Hofstra</b>
1	Thursday, July 5	Thursday, July 12
Mini #1	Monday, July 9	Thursday, July 12
2	Thursday, July 12	Thursday, July 19
3	Thursday, July 19	Thursday, July 26
4	Thursday, July 26	Thursday, August 2
Mini #2	Monday, July 30	Thursday, August 2
5	Thursday, August 2	Thursday, August 9
6	Thursday, August 9	Thursday, August 16

All campers are expected to remain seated on the buses and follow any instructions that may be given by the Bus Chaperone.

Parents will be contacted, if there are any MAJOR delays.

## Lost & Found

Items will be retained at the Girl Scout Service Center, 110 Ring Road West, Garden City until Friday, September 7, 2012.