

# FLIGHT TO LEADERSHIP

The fourth generation of monarch butterflies does a very special thing to keep their species alive. It migrates from the Northern USA and Canada all the way to Mexico! If such a small insect has the perseverance to do that, you should be able to take on earning the High Awards in Girl Scouting— Bronze, Silver and Gold! Juliette Low pinned her first girl achieving the highest award in Girl Scouts at that time, the Golden Eaglet of Merit, in the year 1916. To earn this patch, complete the activities from each of the sections below.

## What is Leadership?

What does leadership mean to you? Are you born with it or can it be learned? Guess what? As a Girl Scout you have been learning to become a leader since the beginning.

*The Girl Scout Law is the foundation:*

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong,  
and responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place,  
and be a sister to every Girl Scout.

These qualities build a strong leader.

## Leadership Qualities

Activities (*choose one*):

1. Make a list of the leadership qualities that you see in yourself and share it with your troop leader/parent.

2. Make a list of leadership qualities that you see in one of your sister Girl Scouts and share it with her.
3. Have a parent make a list of your leadership qualities. Were you surprised with any of the qualities listed?
4. Have a teacher make a list of your leadership qualities. Were you surprised with any of the qualities listed?

*continued*



## Who is a Leader?

Leaders are people who inspire others to bring about change or get something accomplished. Who are the leaders in your community? Some may be easy to spot. Local politicians, captains of sport teams, religious leaders, president of the student council, officers of school clubs, or the drum major in the marching band are good examples, but you don't need a title to be a leader! Many of you possess leadership qualities; it is your decision how you will put these qualities to use.

### Take the Lead

Activities (*choose one*):

1. Lead an activity for your Girl Scout troop.
2. Lead a whole meeting for your Girl Scout troop.
3. Take the lead in planning a trip for your Girl Scout troop/family.
4. Plan and lead an activity for a younger Girl Scout troop/group.

### Roles of a Leader

Leaders often take on various roles.

The roles they assume change with time and circumstances and the people with whom they work, so, during a project, the leader may take on many different roles.

*Here is a list of some of the roles a leader might take:*

- director
- problem-solver
- facilitator
- confronter
- initiator
- coach
- clarifier
- manager
- listener
- delegator
- mediator
- motivator
- guide
- producer
- timekeeper
- networker
- peacemaker
- explorer
- nurturer
- dreamer

### Practice Makes Perfect

Activities (*choose one*):

1. Pick one of the roles to act out. Have your Girl Scout troop guess which one you are doing.
2. Discuss the list of roles with your Girl Scout troop/family. What does each mean?

3. Talk about some of the roles you had to use during a time in which you took the lead. Discuss with your Girl Scout troop/family.
4. Think of more roles to add to the list and present to your Girl Scout troop/family.

### Creativity

Being creative is a way to explore new things. Even if you are not an artist, learning something new has a way of inspiring you. As a leader hoping to inspire others, don't you think you would need inspiration in your life? A leader is well rounded and always willing to learn something new, so choose one of the activities below and get inspired!

### Get Creative

Activities (*choose one*):

1. Milk Jug Butterfly project: directions can be found at [gsnc.org/content/dam/girlscouts-gsnc/documents/GSNC\\_100Anniversary-Butterfly-Craft.pdf](https://gsnc.org/content/dam/girlscouts-gsnc/documents/GSNC_100Anniversary-Butterfly-Craft.pdf)
2. Earn a Girl Scout Legacy Artist badge (found in The Girls' Guide to Girl Scouting Handbook) or choose a badge where you learn something new.
3. Make a sculpture out of recycled material or change an old piece of clothing into something new.

Please bring the evaluation to the GSNC Shop to purchase patches. **Cost:** \$1.50 per patch.



# EVALUATION

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Troop#: \_\_\_\_\_

Level: \_\_\_\_\_

Association: \_\_\_\_\_

Troop leader: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Phone: \_\_\_\_\_

Number of girls participating in program: \_\_\_\_\_

What activities did your troop complete to earn this patch?

1: \_\_\_\_\_

2: \_\_\_\_\_

3: \_\_\_\_\_

4: \_\_\_\_\_

What activities were your troop's favorite and why?

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Would you recommend this patch program to other troop leaders?  Yes  No

Any additional comments:

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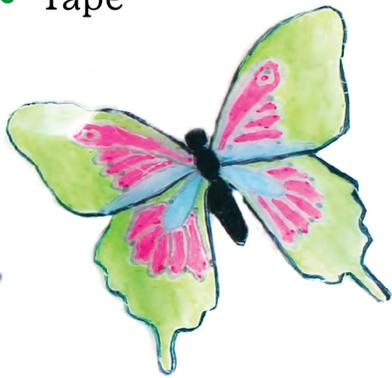
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*Thank you!*

# Have Your Girls take Flight with these Milk Jug Butterflies

## Supplies:

- 1/2 Gallon or Gallon Size Clear Plastic Milk Jugs
- Permanent Markers— All Colors
- Fine/Medium-Line Black Permanent Markers
- Scissors
- Butterfly Template
- Tape



## Steps:

1. Clean & dry the clear milk jugs.
2. Cut out any flat side panels from the milk jug—some side curling is ok!
3. Tape butterfly template under the plastic.
4. Draw butterflies or trace butterfly pattern with black permanent makers.
5. Let dry for 5 minutes.
6. Color in the butterfly with the markers.
7. When the coloring is done and dried, you can add the intricate black details with a fine/medium line permanent marker.
8. Then cut out the butterflies with scissors.